

# Anōk Ro Rar Kebaak: Ta eo Kwōn Katmāne Elañe Kwar Kebaake Juon Armij Ewōr COVID-19 Ibben

Elañe kwar kebaak juon armej im ewōr an COVID-19, juon rijerbal ej anōk ro rekar kebaak im ej jerbak ibben maroñ kin ejmourin lobelej eo ilo bukōn ak jowi (tribe) eo am emaroñ kall ae kwe. Juon rijerbal eo ej anōk ej kajeoñ tōbar armej ro im emōj aer kebaake COVID-19 ñan lelok melele in kajinet im jibañ. Am uwaake kall eo enaj jibañ kadiklok an kij eo ajeded.

## Renaaj kajitōkin eok bwe kwōn quarantine.



- Melelein quarantine ej bed wōt mweo imōm iomwin 14 raan ālikin am kar kebaake juon armij ewōr COVID-19 ibben, meñe kwōjab eñjake am nañinmij. Kememej, kwōmaroñ kajeded kij eo meñe ejjelok kakōlle ko ibbōm.
- Rijerbal ro rej anōk wōn ro rar kebaak renaj kall ak text ae kwe ilo ien quarantine eo am ñan lale ej et am mour.
- Ñe kwōj jino eñjake einwōt kwōnañinmij, renaj kajitōk am bōk juon teej in COVID-19. Renaj bareinwōt kajitōk ibbōm kin wōn eo/ro kwar kebaak mokta jen am kar jino ien quarantine eo am.
- Ien quarantine eo am im ej 14 raan ej kelet eo elabtata an kejbarok ñan ad jab kajeded COVID-19 ñan ro jet. Elañe ejañin wōr jabdewōt kakōllein nañinmij ibbōm, kwōmaron lōmnak am kōjemlok ien quarantine eo am ālikin 10 raan, ilo am kar jab teej, ak ālikin jiljilimjuon raan, elañe emōj an kar wōr am jemlokin teej antigen ak PCR ej negative im rar lewaj ediklok jen 48 awa mokta jen am kōjemlok ien quarantine eo am.
- Ñe kwōnaj kelet in kakadulok ien quarantine eo am, ewōr jidik ekōl kwōmaron lelok kij eo ñan ro jet ālikin ien quarantine eo am, innem elukkun aurōk bwe kwōn wōnmaanlok ilo am lale kwe make ñe ewōr kakōlle in nañinmij ko ibbōm aoleb raan.
- Ñe kwōnaj kwalok kakōlle ko ibbōm, kwōn wōnmaanlok in jab kebaak ro jet im kūrlok eo ej lelok kejbarok kin ejmour eo am ñan kenono kin teej.

## Kakōllein COVID-19:



Bokbok



Metak bōro



Biba



Lab mōk



Metak bar



Bidodo Loje



Emetak majel  
ak  
enbwinnōm



Kajjinōk ak abañ ilo am  
emenono



Mōlañlōñ  
ak emmōj



Boñ ak toor  
botim



Ekāal im ejellok  
nemen ak bwiin  
jabdewōt

## Rijerbal in anōk wōn ro rar kebaak nañinmij eo renaj kwalok melele ko kōn wāween:



Bōbrae an kij eo  
ajeded



Kejbarok eok  
make im baamle  
eo am



Kobalok ñan  
mennin jibañ ko  
iturim



**Oregon, jen  
uwaake kūr eo.**

**Maroñ riiti beba in:** Ñan armij ro im elōñ aer utamwe ak armij ro im rejelā juon bar kajin im ejab Kajin Belle, OHA emaroñ lelok melele ko ilo wewein ko jet einwōt ukok ko, jeje kileb, ak jeje ko an ribilo. Kebaak Jikin Melele in Ejmour eo ilo 1-971-673-2411, 711 TTY ak [COVID19.LanguageAccess@dhsosha.state.or.us](mailto:COVID19.LanguageAccess@dhsosha.state.or.us).

Oregon  
**Health**  
Authority

OHA 2359C, MARSHALLESE (12/23/20)